

CHIROPRACTIC & MASSAGE APPLICATIONS OF EMU OIL

Dr. Patty Headly of Tonkawa, Oklahoma, and Dr. Ron Westbrook of Decatur, Texas, see a small portion of the 20 million Americans who visit chiropractors annually, and every one of those patients has experienced the benefits of Emu Oil and chiropractic treatments. "I have started using massage treatments in my practice," explained Dr. Headly. "Since I have been doing massage, Emu Oil has become a major part of my practice. I do both massage and adjustments and the Emu Oil is used virtually from head to toe. People with chronic shoulder and knee problems get help from the adjusting, but the Emu Oil really does the final trick during the massage. I find it is absolutely amazing."

Together, neuromusculoskeletal problems such as neck, back, and joint pain accounted for 86 percent of the average chiropractor's practice last year. Dr. Headly's patients are no different, and according to Dr. Headly, Emu Oil is helping those patients get relief. "I can get results using chiropractic alone on lower back pain," said Dr. Headly. "However, it seems that when I use the Emu Oil in conjunction with the chiropractic, the relief is quick and the muscles stay relaxed longer, and therefore the treatment lasts longer."



According to Dr. Ron Westbrook, he has been using the Emu Oil in his practice for approximately eight months, and he and his patients both are enjoying some of the little comforts that accompany using the oil rather than the conventional conductive gels and creams. "What I enjoy most about using the Emu Oil is that I have a lot more freedom of motion when massaging," said Dr. Westbrook. "The patient is more comfortable because I am not pulling on the skin, and there are no offensive odors such as you have with the conventional creams. However the most significant observation that I have made is that the treatments with the oil last longer than without. The oil relaxes the muscles so well that the treatments hold for a longer period of time," he explained.

Dr. Headly illustrated that there are ligaments and muscles that are attached to the spine. When the spine is mis-aligned, anything that can cause those tissues to become loose or more fluid, is a great help. The more fluid the muscles the less likely they will pull back out of alignment. "I can push the spine back, but when the patient gets back into their car, it can be out of alignment again because the muscles and the tendons are just too tight," explained Dr. Headly. "With the oil and massage working together, and the deep penetration, the loosened muscles hold longer."

Dr Headly revealed she had a patient who had experienced numerous surgeries. Due to those surgeries, the abdominal skin tissues has lost elasticity to the point of becoming dough-like in texture. Dr. Headly stated that after conducting massage treatments using the Emu Oil on her abdomen, the texture of the skin changed and elasticity was renewed. Even scar tissue began healing. "I was amazed to actually see the kind of healing this oil can do," said Dr. Headly. "My patient was so impressed with the results of the oil, she has sent in her application to become a distributor. She wanted to make sure she would always be able to get the Emu Oil when she needed it."

According to Dr. Headly, chiropractic adjustment can be made to relieve hemorrhoids. However, depending on the severity of the condition, the adjustment may not be able to offer complete relief, as was the case with one of Dr. Headly's patients. "This particular patient told me that the adjustment worked great for the internal condition, but not for the external discomfort," explained Dr. Headly. "I gave her some Emu Oil to try, and she came in later with her eyes as big as half dollars demanding to know what that stuff was and where could she get more of it. She just kept saying, "It worked! It worked! It worked!"

Source: All Adjustment in Chiropractic, by Nancy McMillan, Emu Today & Tomorrow July 1995